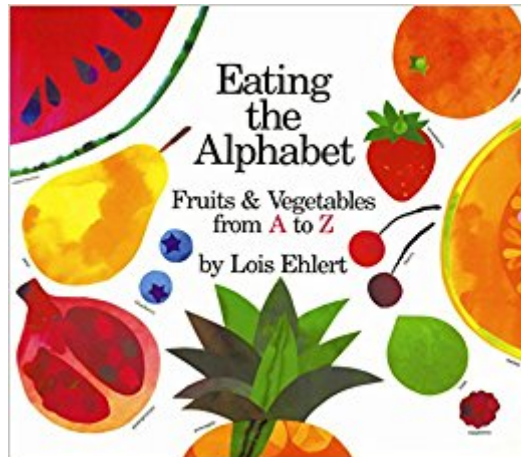




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# Eating The Alphabet: Fruits & Vegetables From A To Z



## Synopsis

While teaching upper- and lowercase letters to preschoolers, Ehlerl introduces fruits and vegetables from around the world. A glossary at the end provides interesting facts about each food.

## Book Information

Series: Voyager Books

Paperback: 40 pages

Publisher: HMH Books for Young Readers; 1 edition (August 27, 1993)

Language: English

ISBN-10: 0152244360

ISBN-13: 978-0152244361

Product Dimensions: 11 x 0.2 x 8.5 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 275 customer reviews

Best Sellers Rank: #35,133 in Books (See Top 100 in Books) #9 in [Books > Children's Books > Education & Reference > Science Studies > Nature > Gardening](#) #15 in [Books > Children's Books > Growing Up & Facts of Life > Health > Diet & Nutrition](#) #29 in [Books > Reference > Words, Language & Grammar > Alphabet](#)

Age Range: 4 - 7 years

Grade Level: Preschool - 3

## Customer Reviews

Ages 1-3. This appetizing alphabet book shows fruits and vegetables so juicy and alive, you'll wish they could jump off the page and into your mouth. Even vegetable haters will find it hard to resist the vibrantly colored collage illustrations, which make each item look fascinating and appealing. Long a favorite picture book, this title is now available in a smaller board book edition, just right for introducing toddlers to the mysteries of endive, kiwifruit and papaya. Booklist called the original "bright, bold... well designed." --This text refers to an out of print or unavailable edition of this title.

"Apple to Zucchini, / come take a look. / Start eating your way / through this alphabet book." So begins this delectable feast of fruits and vegetables, in a diverse and plentiful array. Each turn of the page reveals a mouth-watering arrangement of foods: Indian corn, jalapeno, jicama, kumquat, kiwifruit and kohlrabi. The words are shown in capital and lowercase letters set in bold type for easy reading. At the end of the book, Ehlerl provides a detailed glossary that includes pronunciation,

botanical information, the origin and history of the particular plant and occasional mythological references, with a small watercolor picture to remind the reader of what the plant looks like. Ehlert's glorious watercolor collages are lively and enticing; as in her *Growing Vegetable Soup*, she presents the plant world in an appealing and easily accessible manner. Both parents and children will be encouraged to sample exotic new foods at mealtime. Ages 3-5. Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

My children love this colorful book, *Eating the Alphabet*, by Lois Ehlert. This book helps to educate children about the different fruits and vegetables for every letter of the alphabet. It has inspired my children to want to try new fruits and vegetables that they've never had before. We have also been able to identify fruits and vegetables in the produce section at the grocery store that we might have once overlooked. One of my daughters actually requested Brussels sprouts after reading this book for the first time. We made them, and while she didn't love them the first time she had them, she was proud to say that she tried them. After having eaten them many times now, she likes them, and I have to say we probably never would have tried Brussels sprouts in the first place if it wasn't for this book! We love the artwork of Lois Ehlert and the bright, bold colors she uses. She makes everything look appetizing and as a result will encourage children I'm sure to try more fruits and vegetables!

My little guy loves this book!! We eat lots of fruits and vegetables as a family, so it was so nice to find a book with so many of them- even a few really unusual ones I've never eaten: gooseberry, huckleberry, kohlrabi, quince, and vegetable marrow, for instance. The illustrations are bright and colorful, but still true to what the food actually looks like. Some of the letters have more space devoted to them. "P" has two, two page spreads. Most of the letters have one to two pages, though. There isn't a storyline here, but with so many fun colors and shapes, there is plenty to look at and enjoy as you flip through the pages. We have fun saying the letter names on each page as we read through the book, and also making the letter sounds, and then talking about which vegetables have that sound at the beginning of their name. That doesn't work when it comes to "J", though. The foods there are "Jalapeno" and "Jicama"... "h" sounds. All in all, a very satisfying book for my little one. He liked it at 3 months, and still loves it at 9 months.

Lois Ehlert has a very unusual illustration style that isn't highly detailed or realistic. I love it, and my kids love it, but if you are looking for a book that helps young children identify produce, you might be

surprised by the illustration style. I have no problem with a fanciful and even ethereal drawing for young kids - I think they can enjoy the beautiful colors on their own merit. I will agree with others that this book would be better suited as a large book, not a small board book, because the pages are very cluttered and a tad overwhelming. But my kids love it all the same, AND they can identify real produce in the store based on the illustrations in the book. They even can identify the unusual ones, like starfruit, and ones with complex names, like xigua and vegetable marrow. Don't underestimate kids! My kids are almost 3 and 4.5, and they love ABC books and other Lois Ehlert books, so this holds their interest. I think most kids would sit and listen to an adult read each word closer to age 5 or 6. If I had a 1-3 year old, I would just give them the book to look through. The colors and shapes are enough at that age. A 3-4 year old could point to ones and ask, "What's that?" Or have fun identifying favorite foods in the book. But perhaps don't try reading it front to back until the child expresses clear interest.

Our two year old child loves this board book. It's thick and made of high quality material. She loves the colors and graphics. Able to point the fruits she recognize for now. This is for ages 3 and up so I say it's age appropriate. **DISCLAIMER:** I received this product at a full price and this is my honest and unbiased review

My toddler age 2 is VERY interested in letters AND fruits & veggies,... so what better than a book that combines both? Of course my son LOVES this book and all the new words. However, if my son was not SO interested in this particular topic, I would not have bought this book simply because the images are more artistic representations of fruit rather than clearly drawn and identifiable. This book also encouraged my son to try new healthy foods.

Great book! As you can imagine each letter of the alphabet is shown with fruits and vegetables in the colorful illustrations seen on the cover. Many of the fruits and vegetables we, as a family, eat, but there are many that we don't but should try! I like the book as a way to engage my toddler around learning letters, sounds, and healthy foods!

well the illustration in the book could have been a little more sharper, My toddler could barely get through the common fruits and veggies. I guess they have illustrated the picture using water paint pictures, they are too close and nearly overlapping. so i would not recommend this book for any beginner.

My son and I love this alphabet book! The artwork is colorful and beautiful and my son can learn a rainbow of fruits and vegetables along with his letters. What's not to like?

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